

# SAILING INSTRUCTIONS (SIs)

**PEYC Regatta Weekend 2026**  
**June 20st until June 21nd, 2026**  
**Prince Edward Yacht Club**  
**Prince Edward County, Picton, Ontario, Canada**  
(June 11<sup>th</sup>, 2026)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

## 1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS) 2025 - 2028*.
- 1.2 The PHRF-LO Rule applies to boats racing under PHRF, using PHRF-LO Primary Time-on-Time calculation values.
- 1.3 The Canada Shipping Act, Small Vessels Regulations of Canada shall apply at all times

## 2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 am on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

## 3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at club entrance, registration is open, and **skipper's meeting** will be held at **9.00 am on June 20<sup>th</sup> and 21<sup>st</sup>** at the club house.
- 3.2 The race office is located at PEYC club house, telephone (613)476-5585, email: [manager@peyc.ca](mailto:manager@peyc.ca)
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 68.
- 3.4 The following communications may be made by the race committee on VHF channel 68:
  - Shortening course
  - Postponement
  - Abandonment
  - Recalls
- 3.5 [DP] From the first warning signal until the end of the, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## 4 CODE OF CONDUCT

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4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

### 5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at PEYC

5.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 45 minutes’ in Race Signals AP.

5.3 [DP] Flag D with one sound means ‘Boats are requested not to leave the [harbour][shore] until this signal is made. The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed.’

### 6 SCHEDULE OF RACES

6.1

Date	Race	Schedule time of warning signal
June 20 <sup>th</sup> , Sat	ISIS Cup	10.30 am
	Kraken Cup	20 mins after the last boat finishes the Isis Cup
June 21 <sup>st</sup> , Sun	The MOWAT Race	10.30 am

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed on the RC boat.

### 7 CLASS FLAGS

7.1 The class flags are:

Start	Class Flag	Class
1 <sup>st</sup> Start	Numeral pennant 1	PHRF-LO Non flying sails and PHRF-LO Flying sails

7.2 Display of class flags on the competitors’ boats is not required

### 8 RACING AREA

8.1 The racing area is Picton Bay, Long Reach, and Adolphus Reach

### 9 COURSES

9.1 **ISIS Cup:** the race course is approximately 7 to 9 nm depending on wind direction and conditions.

**Kraken Cup:** the race course is approximately 7 to 9 nm depending on wind direction and conditions.

**The MOWAT Race:** the race course is approximately 12 to 15 nm depending on wind direction and conditions.

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9.2 The race course, race marks, starting area and direction will be announced and distributed at the skippers' meeting.

### 10 MARKS

10.1 Club race marks and navigational marks in the racing area

### 11 THE START

11.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

11.2 The starting line is between an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

11.3 In the event of a general recall the warning signal for the new start will be 1 minute after the First Substitute pennant is lowered with its accompanying single sound

### 12 SHORTENING THE COURSE

12.1 No shortening of the course during a race.

### 13 THE FINISH

13.1 In the event that there is no RC boat on station at the finishing line, the finishing line is between Race Mark 1 and an orange buoy.

13.2 If there is no RC boat at the finishing line, boats shall record their finishing time (GPS time) and report their finishing time and their position in relation to nearby boats, to the race committee after returning to shore.

### 14 PENALTY SYSTEM

14.1 The Scoring Penalty, RRS 44.3, applies.

### 15 TIME LIMITS

15.1 No time limits

### 16 HEARING REQUESTS

16.1 The protest time limit is 60 minutes after the RC boat returns to the PEYC dock.

16.2 Hearing request forms are available from the race office

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the PEYC chart room beginning at the time posted.

16.4 RRS 61.2(b)(2) and 63.7(b)(2) do not apply

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### 17 SCORING

- 17.1 Each race will be scored separately and count towards the Club Championship
- 17.2 RRS A5.3 applies

### 18 SAFETY REGULATIONS

- 18.1 Prior to the first warning signal boats shall pass astern of the Committee Boat and identify themselves by calling out their sail number.
- 18.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a retirement declaration form, which is available at the PEYC race office

### 19 EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 A boat or equipment may be inspected at any time for compliance with the class and PHRF-LO rules, notice of race and sailing instructions.

### 20 PRIZES

- 20.1 Prizes will be given for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> in each race at the PEYC Cups and Trophies event in fall 2025

### 21 RISK STATEMENT

- 21.1 RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

### 22 INSURANCE

- 22.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of CAD 2,000,000. - per incident or the equivalent.