

SAILING INSTRUCTIONS (SIs)

PEYC Women Summer Series, July 7th to August 11th, 2026 and PEYC Women Fall Series, August 18th to September 22nd, 2026

Prince Edward Yacht Club

Prince Edward County, Picton, Ontario, Canada

(June 19, 2026)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1 RULES

1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS) 2025 - 2028*.

1.2 The PHRF-LO Rule applies to boats racing under PHRF, using PHRF-LO Primary Time-on-Time calculation values.

1.3 The Canada Shipping Act, Small Vessels Regulations of Canada shall apply at all times

2 CHANGES TO SAILING INSTRUCTIONS

2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located at club entrance

3.2 The race office is located at PEYC club house, telephone (613)476-5585, email: manager@peyc.ca

3.3 On the water, the race committee intends to monitor and communicate with competitors on **VHF radio channel 06**.

4 CODE OF CONDUCT

4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at PEYC

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

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- 5.3 [DP] Flag D with one sound means ‘Boats are requested not to leave the [harbour][shore] until this signal is made. The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed.’

6 SCHEDULE OF RACES

6.1

July 07, Tue	PEYC Women Summer Series 1
July 14, Tue	PEYC Women Summer Series 2
July 21, Tue	PEYC Women Summer Series 3
July 28, Tue	PEYC Women Summer Series 4
August 11, Tue	PEYC Women Summer Series 5
August 18, Tue	PEYC Women Fall Series 1
August 25, Tue	PEYC Women Fall Series 2
September 01, Tue	PEYC Women Fall Series 3
September 15, Tue	PEYC Women Fall Series 4
September 22, Tue	PEYC Women Fall Series 5

- 6.2 **For the PEYC Women Summer Series** the scheduled time of the warning signal for the first start in the race on each day is **05.55pm**.

For the PEYC Women Fall Series Race #1 and #2 in August the scheduled time of the warning signal for the first start in the race on each day is **05.55pm**, and **for the PEYC Women Fall Series Race #3, #4, and #5** in September the scheduled time of the warning signal for the first start in the race on each day is **05.25pm**.

- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed.

7 CLASS FLAGS

- 7.1 The class flags are:

Start	Class Flag	Class
1 st Start	Numeral pennant 1	PHRF-LO Non flying sails

- 7.2 Class flags are not required to be displayed from the backstay.

8 RACING AREA

- 8.1 The racing area is Picton Bay

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9 COURSES

- 9.1 the race committee will set out the courses for each race day according to the wind conditions and be announced at the skippers meeting prior leaving the dock on that day.
- 9.2 Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

10 MARKS

- 10.1 Marks 1, 2, 3, 4 – yellow and white stick markers. Start/finish mark will be an orange ball.

11 THE START

- 11.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line is between an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

12 SHORTENING THE COURSE

- 12.1 No shortening of courses

13 THE FINISH

- 13.1 The finishing line is at the location of the start line, between a blue flag on the signal vessel (RC boat) at the starboard end and the course side of the port end finishing mark,
- 13.2 If the race committee is absent when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

14 PENALTY SYSTEM

- 14.1 The Scoring Penalty, RRS 44.3, applies.

15 TIME LIMITS

- 15.1 Race Time Limit for each class in each race is **sun set time** as per Canada weather information for Picton, ON. This changes RRS35
- 15.2 Boats starting but failing to sail the course within the given Race Time Limit, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the finishing place of the last boat that sailed the

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course within the Race Time Limit and was not penalised under RRS 30.3 or 30.4. This changes RRS 35, A5.1, A5.2 and A10

16 HEARING REQUESTS

16.1 The protest time limit is 60 minutes after the RC boat returns to the PEYC dock.

16.2 Hearing request forms are available from the race office

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the PEYC chart room beginning at the time posted.

16.4 RRS 61.2(b)(2) and 63.7(b)(2) do not apply

17 SCORING

17.1 1 race is required to be scored to constitute a series.

17.2 When more than 4 races have been completed, the 4 best race scores of a boat in a race series is the total of her series race scores.

This changes *RRS A2.1*

17.3 RRS A5.3 applies

18 SAFETY REGULATIONS

18.1 Prior to the first warning signal boats shall pass astern of the Committee Boat and identify themselves by calling out their sail number.

18.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a retirement declaration form, which is available at the PEYC race office

19 EQUIPMENT AND MEASUREMENT CHECKS

19.1 A boat or equipment may be inspected at any time for compliance with the class and PHRF-LO rules, notice of race and sailing instructions.

20 PRIZES

20.1 Prizes will be given for 1st, 2nd, and 3rd overall in each race series for each class/group at the PEYC Cups and Trophies event in fall 2026

21 RISK STATEMENT

21.1 RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with

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inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.** .

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INSURANCE

31.1

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of CAD 2,000,000.- per incident or the equivalent.